

Township of Brock

Recreation Guide

Spring/Summer 2020

Municipal Operations

Community Events

Summer Day Camp

Fitness Classes

Community Groups & Organizations



The Corporation of the Township of Brock

1 Cameron Street East, P.O. Box 10

Cannington, Ontario, L0E 1E0

Tel: 705-432-2355 | Toll-Free: 1-866-223-7668 |

Fax: 705-432-3487

townshipofbrock.ca | choosebrock.ca



Horse-Drawn Wagon Rides
Pancake Breakfasts
Entertainment
Artisans/Vendors
Farm Tours

Performing
 First Nation Cultural Tours



April 4-5, 2020
MapleSyrupFestival.ca

OCAF FMCO ONTARIO CULTURAL ATTRactions FUND
 LE FONDS POUR LES MANIFESTATIONS CULTURELLES DE L'ONTARIO
 20 YEARS | ANNÉES



**SUNDERLAND
 MINOR BASEBALL
 REGISTRATION**

**SUNDERLAND ARENA
 7-9 p.m.**

Tues. March 24 & Thurs. March 26, 2020

CONTACTS
 Gary Brethour 705-878-3159 • Joy Miller 705-928-3814



MINOR BALL \$60
 Ages 6 to 18

T-BALL \$60
 Ages 3 to 5

To register by email please contact
garyb@brownandbrethour.com

A registration form will be emailed to you to complete and return.
www.sunderlandminorbaseball.ca

Township of Brock

**22nd Annual Charity
 Golf Tournament**

In support of Brock Township Youth Projects

BBQ Lunch
Golf Cart
Putting Contest
Chipping Contest




Cedarhurst Golf Club - Beaverton

**Thursday
 June 18, 2020**

Registration fee: \$150.00

For more information
 please visit:
www.townshipofbrock.ca

Mayor's Message

Welcome to the Brock Recreation Guide for Spring and Summer 2020. As you flip through the pages you will find a variety of multi-season recreational activities for residents and visitors alike.

Whether you want to learn new skills, reach new fitness goals, or simply have fun and meet people, there's truly something for everyone.

Create new family memories at one of our many events or festivals. Stroll along our picturesque shorelines of Lake Simcoe or hike one of our many beautiful trails, cool off at the splash pad at the Beaverton Harbour, make this a summer to remember.

On behalf of the Township of Brock Council, we welcome you and your family.

Enjoy!



Debbie Bath-Hadden, Mayor



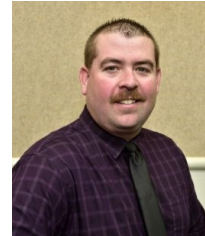
Debbie Bath-Hadden
Mayor
705-341-0834
dbathhadden@townshipofbrock.ca

Township of Brock Council



Ted Smith
Regional Councillor
705-357-2427

tsmith@townshipofbrock.ca



Michael Jubb
Ward 1 Councillor
905-252-4487

mjubb@townshipofbrock.ca



Claire Doble
Ward 2 Councillor
705-344-4768

cdoble@townshipofbrock.ca



Walter Schummer
Ward 3 Councillor
705-432-8464

wschummer@townshipofbrock.ca



Cria Pettingal
Ward 4 Councillor
705-344-4482

cpettingal@townshipofbrock.ca



Lynn Campbell
Ward 5 Councillor
705-357-0013

lcampbell@townshipofbrock.ca



The Corporation of the Township of Brock
1 Cameron Street East, P.O. Box 10
Cannington, Ontario, L0E 1E0
Tel: 705-432-2355 Toll-Free: 1-866-223-7668
Fax: 705-432-3487

townshipofbrock.ca | choosebrock.ca



TABLE OF CONTENTS

Municipal Information	2-5
March Events.....	6
April Events	7
Arenas	8
May Events.....	9
Brock Public Libraries.....	11
June, July & August Events.....	12
Community Halls	13
Recurring Events.....	14-17
Fitness Programs & Day Camp.....	Back Cover

This document is available in alternate formats upon request.
Please contact the Clerk's Department at 705-432-2355.

Municipal Operations

Treasury Department:

Treasury Department

Taxes are billed twice per year; the Interim taxes are billed in January with due dates in February and April and the Final taxes are billed in June with due dates in July and September.

Payment Options

In person - Payments can be made at the Municipal office by cash, debit or cheque (*Postdated cheques are accepted*). We also offer a drop box outside our front door for after hours (*No cash in drop box*).

By mail - Township of Brock, PO Box 10, 1 Cameron St. E. Cannington, ON L0E 1E0. Please make your cheques **payable to the Township of Brock** and record your property roll number on the front of your cheque.

Pay Electronically - Pay at most financial institutions with your tax bill or internet and telephone banking with most major banks. You will require your property assessment roll number noted on your tax bill to set up the payments.

Credit Card - We have also added a credit card option for payment using a third-party credit card company. Visit www.plastiq.com to view their terms. There is a fee associated with using this service and is only available online.

All Payments must be received in the Municipal Office on or before the due date to avoid penalty charges.

Pre-authorized Tax Payment Plans (PAP)

Choose from three PAP plans:

Monthly Payment Plan (11 months) - There are six monthly interim payments from January to June and five monthly final payments from July to November.

Installment Payment Plan (Due Dates)

There are 4 installments/year; two Interim installments and two Final installments. The withdrawal is made on the prescribed due dates noted on the tax bills.

Arrears Payment Plan

Falling behind in your taxes? Sign up for our Arrears Plan. Set up a reasonable monthly payment amount that works for your budget that will also pay down your tax balance. This amount will be with-

drawn automatically from your bank on the 20th of each month. Contact the Tax Collector to discuss a payment amount that can bring your taxes up to date.

It's easy to apply!

Visit www.townshipofbrock.ca to obtain a form and select the payment plan you prefer.

Public Works Department:

Streetlight Maintenance:

To report a malfunctioning streetlight, please contact publicworks@townshipofbrock.ca

Half-Load Limit Restrictions:

In effect commencing March 1, 2020 through to May 15 (weather dependent).

Dust Suppressant:

Early to mid May the Public Works Department begins to apply dust suppressant on the gravel roads throughout the municipality. Each season approximately 1,500,000 liters of 35% Liquid Calcium Chloride, Magnesium Chloride, (or approved equivalent) is applied to the roads to limit dust created by vehicular traffic.

Street sweeping:

Will commence on or about April 15 (weather dependent). Hard surfaced streets and sidewalks are swept to remove the winter sand/salt accumulated over the winter season.

Catch basin cleaning:

The Township of Brock requests the support of the community to help keep the streets, sidewalks, and catch basins clear of fallen leaves, grass and other debris.

Roadway/Entrance Permits:

Creating a new entrance to a property (or widening an existing one) requires a permit.

Entrance permits/consents are required for all the following: New residential and commercial properties, changing an existing entrance (widening), obtaining a second entrance.

Applications must be completed and submitted to the Public Works department, complete with the applicable fee.

Municipal Operations

Building Department:

What is a Building Permit?

A building permit is formal approval to construct, add to, renovate or remove a building on your property.

Why are building permits required?

Building permits are required to ensure that all buildings are constructed in a safe and healthful manner in accordance with the Ontario Building Code, the Township of Brock Zoning By-Law, as amended, and all applicable laws. They are also required to ensure that a new use in an existing building does not interfere with life and structural safety elements in the existing building.

Plumbing permits are included with the building permit. Stand alone plumbing permits are required if only plumbing work is proposed—i.e. water, sewer connection, relocating plumbing within an existing building, etc.

When are building permits required?

- New Construction
- Additions (regardless of building area)
- Renovations
- Demolition
- Creation of an apartment-in-house
- Secondary dwelling units
- Prefabricated buildings
- Mobile homes
- Installation or alteration to a building system (plumbing, heating, air conditioning)
- Farm buildings
- Fireplaces and other wood burning appliances
- Decks, porches, carports, garages (detached or attached) and other accessory buildings
- The change in use of a building
- Finished basement
- Roof Mounted Solar Panels
- Wind Turbines
- A tent under 3.14 of the Ontario Building Code
- Free Standing Signs under 3.15 of the Ontario Building Code

Building permits are not required for new construction with a building area less than 10 s.m.(108 s.f.) provided that no plumbing is contained; or for decks not attached to the house, and not more than .60m (2 ft.) above grade.

What other permits might I need to obtain?

- Site Alteration/Fill Permit
- Pool Enclosure Permit

When do I need a Site Alteration Permit?

Site Alteration permits are required when dumping or placing fill and when altering grade.

Where do I apply for a permit/get more information?

For a permit application or more information concerning building permit requirements, visit the Township of Brock website www.townshipofbrock.ca under “Resident Services”, “Building Permits & Renovating”

To book an inspection, call:

705-432-2355 Ext. 230

Clerk's Department:

The Municipal Clerk has designated responsibilities defined by legislation and prepares Council and Committee Meetings agendas. The Clerk is responsible for attending meetings of Council and Committees to accurately record decisions made. All minutes of Council and Committees, together with original resolutions and by-laws are indexed and kept permanently. Members of the public are welcome to review minutes which have been approved by Council at the municipal office or on-line.

The Clerk's department is also responsible for accessibility, planning, economic development and tourism activities, planning & development, and the issuance of municipal licenses & permits.

Contact us at clerks@townshipofbrock.ca

CAO's Office:

As the senior appointed official of the Township, the Chief Administrative Officer/Deputy Clerk (CAO) is responsible, under the direction of Council, to lead a team of 5 Department Heads and all full time, part-time/casual/student staff and the volunteer firefighters to implement Council's programs and directives. The CAO is the main policy advisor to Council on municipal matters.

The CAO directs the development of the operating and capital budgets, work programs and standards to ensure the delivery of high quality services in a timely, responsible and cost-effective manner.

Municipal Operations

Animal Services & Adoption Centre:

Residents of the Township of Brock are permitted to own 3 dogs in residential areas and up to 5 dogs in rural areas, provided the property is a minimum of 10 acres and that 2 of the 5 dogs are livestock protection dogs. All dogs must be licensed annually. Residents may own up to 6 cats in residential areas, but if they already possess 3 dogs, only 3 cats are permitted (6 pets maximum). There is no limit to the amount of cats in rural farm properties. Cats are not required to be licensed but it is encouraged that they are micro-chipped and kept indoors.

Dog Tags available at the following locations:

- Davis Hardware, 324 Simcoe Street, Beaverton—705-426-7721
- A5 Pet Depot, 443 Mara Road, Beaverton—705-426-7324
- Pilgrim's Home Hardware, 92 River Street, Sunderland—705-357-3456
- Brock Municipal Office, 1 Cameron St. E, Cannington—705-432-2355
- On-Line through Township of Brock Website (Coming Soon)

Lost, found, sick and injured animals (domestic or wild) should be immediately reported to the Animal Services Department at 705-432-2355 or 705-432-2884. An after hours service is available for emergencies.

Animal Shelter

The Township of Brock Dench Animal Shelter cares for lost or injured stray cats and dogs until they can be reunited with their owners or placed up for adoption. Our Shelter is located at 99 Elliot St., Cannington Ontario. Please contact us at 705-432-2884.

Check us out on Facebook @BrockAnimalShelter or the Township of Brock Website.

Our Animal Control Officers enforce our animal control by-law, exotic animal by-law, kennel by-law and doggie day-care by-law. For more information on licensing see the Township of Brock Website.



Licence Fees	
Dog Tag (spayed or Castrated)	\$25.00
Dog Tag (Any other Dog)	\$30.00
Replacement Tag	\$1.00

Adoption Fees	
Dog	\$175.00
Puppy	\$100.00
Cat	\$80.00
Kitten	\$60.00

Fire Department:

Emergency Preparedness:

In an emergency, your family may not be together, or you may be asked to evacuate your home. Thinking about what you would do in different situations and preparing a plan with every member of your family is the first step to being prepared. In case you are asked to evacuate your home, or even your area, select two safe locations you could go to. One should be nearby, such as a local library or community centre. The other one should be farther away, outside your neighbourhood, in case the emergency affects a large area. You should also plan how you would travel to a safe location if evacuation was advised. Have an emergency survival kit ready to take with you. Your emergency survival kit should have everything you and your family would need to be safe and take care of yourselves for at least three days immediately following an emergency. For details on how to create an emergency plan and kit, please visit the following website or call the Brock Township Fire Department.

Burn Bylaw:

The Township Burn By-Law has been changed to permit recreational burning, open-air burning and agricultural burning. It is everyone's responsibility to know and understand the Burn By-Law prior to burning. For details on the Burn By-Law please visit the Township website or contact the Brock Township Fire Department.

How to obtain a burn permit:

Visit the Brock Township website or contact the Brock Township Fire Department.

Daylight Saving Time:

Sunday March 8, 2020 is daylight saving time. This is when you put your clocks ahead one hour. It is also time to change your batteries in your smoke alarms and carbon monoxide detectors. It is also time to check the date on your smoke alarms and carbon monoxide detector.

Smoke Alarm is ten years old or older, its time to replace it.

Carbon Monoxide Detector is seven years old or older, its time to replace it.

Help us keep you and your family safe.

Carbon Monoxide Alarms:

It is law in Ontario that homes with fuel burning appliances or attached garages must have working Carbon Monoxide (CO) alarms installed outside the sleeping areas of your home. This means that if you have bedrooms on different levels of the home, you must have CO alarms placed on each level to accommodate every bedroom or sleeping area. Protect your family from carbon monoxide (the silent killer) by installing and replacing your CO detectors every 7 years or as recommended by the manufacturer. When installing hard-wired CO detectors, homeowners should look for models with battery backup protection which provides uninterrupted protection during power outages.

Smoke Alarms:

Smoke alarm technology has come a long way. Newer models offer smaller sleeker designs and added functionality. Some of these features include 10 year tamper proof alarms for landlords, remote control hush buttons, wireless interconnected and smart technology alarms that can distinguish the difference between burnt toast and a fast flaming fire. Some newer models can send you a text message if you alarm has activated. Alarms must be replaced every 10 years. If your current smoke alarms need replacing, do some research and pick a model that suits your needs. Hard wired smoke alarms must be replaced with hard-wired units. Make sure that you have a working smoke alarm on every level of your home including the basement. New homes built after 2015 must have smoke alarms and strobe lights in every bedroom. This requirement does not apply to homes built prior to 2015, but we always encourage people to add protection in bedrooms, especially if you have hard of hearing or sound sleepers living in your home.



March

March 29

Climate Change

7:30pm @ St. Paul's Anglican Church
Presentation with Deborah Pearson & Ginny Colling. Hosted by the Beaverton Horticultural Society.

March 29

Brunch 'n' Blades Family Skate Day

10am-2pm @ Beaverton Curling Club
An opportunity for family and friends to come out and have breakfast and leisure skate at the Beaverton Curling Club.
10:00am-2:00pm. Admission by donation.
www.beavertoncurlingclub.com

March 30

Gardening in a Rapidly Warming World

7:30pm @ Cannington Legion.
Presented by Neil Turnbull. No cost. Hosted by Cannington Horticultural Society.

March 8 & 15

Beaverton Minor Baseball Registration

1:00-3:00pm @ Fisher's Independent
Season starts the week of Mother's Day. Coaches will be in contact beginning of May to provide schedules. Online registration is now open:

<https://lwwc.typeform.com/to/UMo7TH>

March 25

Beaverton Minor Baseball Registration

7:00-9:00pm @ Fisher's Independent
Online registration is now open:

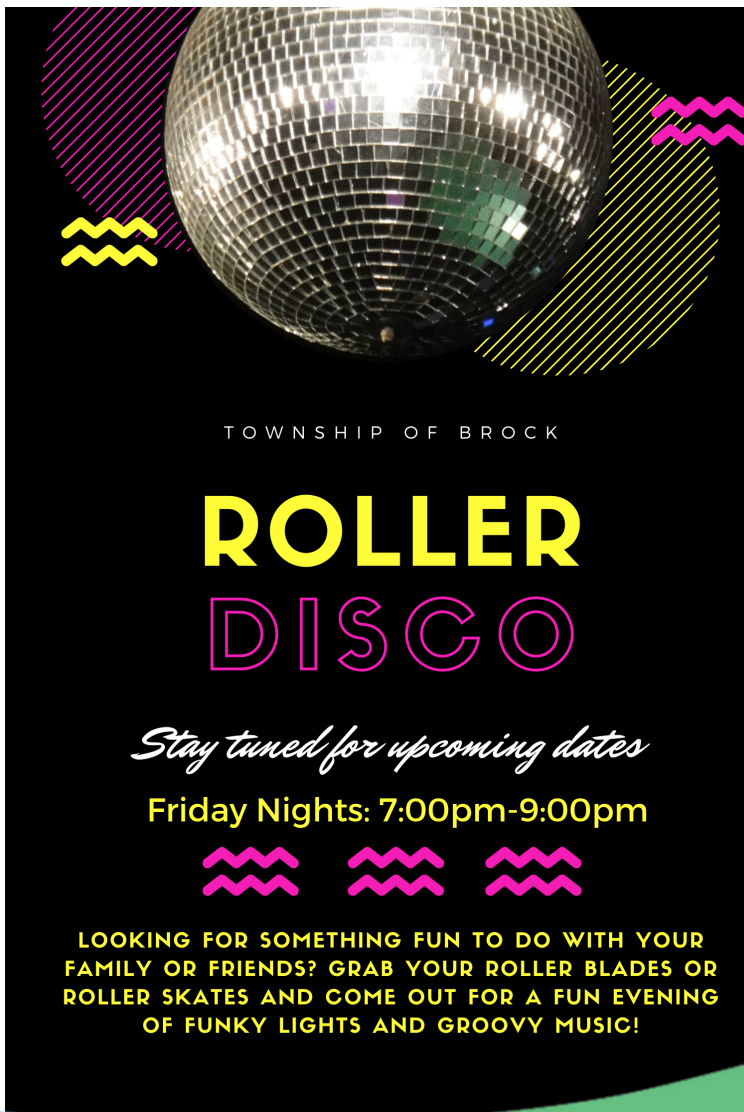
<https://lwwc.typeform.com/to/UMo7TH>

March 24 & 26

Sunderland Minor Baseball Registration

7:00-9:00pm @ Sunderland Memorial Arena
Minor Ball \$60 (ages 6-18)
T-Ball \$60 (Ages 3-5)

www.sunderlandminorbaseball.ca



TOWNSHIP OF BROCK

ROLLER DISCO

Stay tuned for upcoming dates

Friday Nights: 7:00pm-9:00pm

LOOKING FOR SOMETHING FUN TO DO WITH YOUR FAMILY OR FRIENDS? GRAB YOUR ROLLER BLADES OR ROLLER SKATES AND COME OUT FOR A FUN EVENING OF FUNKY LIGHTS AND GROOVY MUSIC!



COMMUNITY EVENT

Outdoor MOVIE NIGHT

SUMMER 2020

STAY TUNED FOR DATES AND DETAILS

April 4 & 5

Sunderland Maple Syrup Festival

10:00am-4:00pm Downtown Sunderland

A free family oriented community festival celebrating the history and tradition of maple syrup production in the area. Involving local organizations and businesses, indigenous groups, buskers, horse and wagon rides, petting zoos, pony rides, bathtub races, mini tractor pulls and vendors. Fun for everyone!

Maplesyrupfestival.ca

April 11

Children's Easter Party

@ Manilla Hall

All ages children's party. Com eout for snacks, crafts and fun. \$5.00 per child.

manillacommunityhall@outlook.com

April 19

Value of Heritage Buildings

2:00pm @ the Blacksmith Shop

With Bob Bell, Glenn McKnight. Hosted by Cannington Historical Society.

Canningtonhistoricalsociety.ca

April 23

Design Workshop

7:30pm @ St. Paul's Anglican Church

With Ainsley Gillespie. Hosted by Beaverton Horticultural Society.

April 24

Albury Gardens Brass Quintet

8:00pm @ Wilfrid Hall

Join us for an evening of eclectic music presented by the Albury Gardens Brass Quintet. Members include Tim Birtch, Margaret Wolf, James MacDonald, David King and Joel Gorlick. They have been delighting audiences in the GTA since 2012. Tickets \$20, available from Bodleys, Georgina Music, Pindars, The Wild Garden, Maxine's, The Interesting Music Store or by calling 705-437-4845. Perfect for the whole family as there is no cash bar.

April 25

Quilt Show, Tea & Sale

10:00am-4:00pm @ Trinity United Church

Please come out and enjoy the first East Lake Simcoe Quilters Guild Show, Tea & Sale. We have many talented quilters showcasing their art. There will be quilts and small quilted items for sale as well as lunch, drinks and desserts.

April 27

**The Olive of the North:
Sea Buckthorn Trees**

7:30pm @ Cannington Legion

With Darryl Tims. Hosted by Cannington Horticultural Society. No cost.

6th Annual Breakfast of Champions

Join the Brock Sport Council as we induct local individuals into the Brock Sports Hall of Fame, as well as honour athletes, coaches and volunteers from several sports organizations in Brock.

For more information please visit www.townshipofbrock.ca/HOF

April 18, 2020

8:00am-11:00am

Foster Hewitt Memorial Community Centre



Arena Facilities

Foster Hewitt Memorial Community Centre



Phone Number: 705-426-9838

Rick MacLeish Memorial Community Centre



Phone Number: 705-432-2582

Sunderland Memorial Arena



Phone Number: 705-357-3338

Brock Township arenas offer great rates for rentals for a variety of activities. Ice is available to rent during Fall and Winter months October-March. The ice floor can be rented for dances, large events etc. during the months of April-September when the ice is removed. The auditorium is available all year round for fitness classes, meetings, dinners etc. Please contact staff for rental rates and availability.

Ice Rental Request forms are due no later than **April 30, 2020**. If you wish to submit a request for ice, please contact bookings@townshipofbrock.ca

Ice Rental Rates		Summer Ice Surface Rental Rates		Auditorium Rental Rates	
Description	Rate:	Description	Rate:	Description	Rate:
Prime Time Rentals Per hour	\$153.00	Daily Rate (16 hr. Maximum)	\$650.00	Daily Rate (8 hr. Maximum)	\$350.00
Non-Prime Time Per hour	\$130.00	Half-Day Rate (Non-Alcohol) (8 hr. Maximum)	\$350.00	Meetings/Fitness Activities	\$22.60
Minor Groups in Brock Per hour	\$130.00	Sports Activities Per hour	\$55.00	Refundable Deposit	\$300.00

Birthday Party Rates:

Looking for a fun place to hold a Birthday Party? Why not book at one of the 3 arenas in Brock! \$130.00 (HST included) for 1 hour of ice time and use of the auditorium for cake and presents.

Food Booth Rental:

The Food Booth is available for lease at the Foster Hewitt and Rick MacLeish Memorial Community Centre's for the 2020-2021 season.

Ice Surface Advertising:

Interested in having your business name and/or logo displayed on the boards around the arena? The Township of Brock offers affordable rates for advertising.



For more information contact bookings@townshipofbrock.ca

May 1

Brock Minor Hockey Registration

2020-2021 Online Registration will be open May 1—May 31.

www.brockminorhockey.com

May 9

Plant Auction & Sale

7:30pm @ Cannington Legion

May 10

Cannington Historical Society Meeting

2:00pm @ the Blacksmith Shop

Speaker: Paula Warder—The Ladies Baseball Leagues in Toronto.

Canningtonhistoricalsociety.ca

May 16

Cannington & Area Historical Museum

Saturdays & Sundays from 1pm-4pm

May 16-September 7. Contact us for a weekday tour. The Blacksmith and Carriage Shop is open by appointment.

Canningtonhistoricalsociety.ca

May 16

Plant Auction

Beaverton Horticultural Society. Plants donated by members and local garden centres.

May 16

Plant/Yard Sale

8:00am-2:00pm @ Manilla Hall

Locally grown vegetable and flower plants and yard sale items.

May 19

Cannington Lawn Bowling Club

7:00pm Tuesday & Thursdays

Low stress, physical activity for all ages. Arrive by 6:30pm.

May 21

Private Tour of a Port Perry Garden

Beaverton Horticultural Society. This event is open to members only.

May 25

Bonsai: The Zen of Horticulture

7:30pm @ Cannington Legion.

Joan Greenway. Cannington Horticultural Society Monthly Meeting. No cost.

May 28

Weed Identification and Management

7:30pm @ St. Paul's Anglican Church

With Richard Dickinson. Hosted by the Beaverton Horticultural Society.

May 28

AGM Beaverton Curling Club

7:30pm @ Beaverton Curling Club

An annual meeting of the Board of Directors and members to review, discuss and vote on issues and initiatives.

May 30

Spring Compost Giveaway

8:00am-12:00pm @ Rick MacLeish Memorial Community Centre

Each household can get up to four blue box-sized containers full of compost. Bring a shovel and container, residents are responsible for shoveling their own compost.

May

Beaver River Museum Tours

1:30-4:00pm / Select Months & Dates

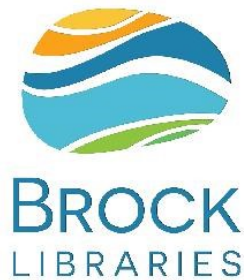
Late May, June, September (Weekends) July & August (Thurs-Mon) Beaver River Museum consists of an 1850's log house, turn of the century brick house, and amid 19th century stone jail, furnished with local artifacts. Tours available.

www.btehs.com



WHAT'S ON

at your library



KIDS 0-4



READ, MOVE & GROOVE

Early literacy and numeracy development through play.

Tues 3:30 PM - 4:00 PM
(Sunderland); Wed 10:30 AM -
11:00 AM (Cannington); Fri
10:30 AM - 11:00 AM
(Beaverton)

KIDS & TEENS



STEAM SATURDAYS

Explore science, technology, engineering, art, and math through fun and educational activities.

All Locations
Saturday, 11:00 AM - 1:00 PM

ADULTS



TECH HELP

Puzzled by technology? Get one-on-one tech help with our expert staff.

All Locations
By appointment - please call
your local branch

...and so much more! See our website for a full listing of programs and activities.

VISIT US TODAY

BEAVERTON BRANCH

401 Simcoe Street
705-426-9283

Tues 10:00 AM-7:30 PM
Wed 2:00 PM-5:00 PM
Thurs 10:00 AM-7:30 PM
Fri 10:00 AM-4:00 PM
Sat 10:00 AM-3:00 PM

TIMOTHY FINDLEY MEMORIAL BRANCH (Cannington)

38 Laidlaw Street South
705-432-2867

Tues 2:00 PM-7:30 PM
Wed 10:00 AM-3:00 PM
Thurs 10:00 AM-3:00 PM
Fri 2:00 PM-7:30 PM
Sat 10:00 AM-2:00 PM

SUNDERLAND BRANCH

41 Albert Street South
705-357-3109

Tues 3:00 PM-8:00 PM
Wed 3:00 PM-8:00 PM
Thurs 3:00 PM-8:00 PM
Sat 10:00 AM-2:00 PM

WWW.BROCKLIBRARIES.CA

Brock Libraries Programs

www.brocklibraries.ca

Program	Description
Shakespeare Reading Group 11:30am Cannington Branch	Everyone is welcome! Students, enthusiasts, listeners, actors of all ages! Program runs the 1st Saturday of the month.
Read, Move and Groove Various Times All Branches	Easy Literacy and numeracy development through play. Sunderland Branch: Tuesdays 3:30-4:00pm Cannington Branch: Wednesdays 10:30-11:00am Beaverton Branch: Fridays 10:30-11:00am
Muse 6:00-7:00pm Beaverton Branch	A warm, encouraging space to share poetry, spoken word, short stories and music. Program runs on the 3rd Tuesday of the month. Contact: Negin Khorasani 416-939-4567.
Here and Now Meditation 6:00-7:15pm Cannington & Beaverton Branch	Connect to the eternal present moment through Heartfulness Meditation. A time for reflection and reading self-awareness literature is included in each session. Program runs the first Thursday of the month. Contact: Negin Khorasani 416-939-4567.
Genealogy Drop In 12:30pm Cannington & Beaverton Branch	Library staff will provide support and assistance with your genealogy related research as well as introduce new topics and tools where available. This program offers access to the Ancestry.ca database as well as in-house use of library archival material, computers, internet and printing. The first Thursday in Beaverton and third Wednesday in Cannington.
Tech Help Afternoons All Library Branches	Free one-on-one sessions, to assist you with all of your technology challenges! Due to the popularity of the program, appointments are highly recommended. Please contact any of our branches to inquire. Tuesdays in Cannington, Wednesdays in Beaverton, Thursdays in Sunderland.
After School Adventures Thursdays 3:30pm Sunderland Branch	This program introduces the concepts of science, technology, engineering, arts and mathematics (STEAM) through stories, crafts, experiments and activities. Suitable for children and caregivers of all ages.
Steam Saturdays 11:00am-1:00pm All Branches	Explore science, technology, engineering, art, and math through fun and educational activities. Ages 6+
Dice Knights 5:00pm Tuesdays: Beaverton Branch Wednesdays: Sunderland Branch Fridays: Cannington Branch	Join other role-playing game enthusiasts for Dungeons and Dragons and more! This program is facilitated by community members with assistance from library staff. Ages 11+
Author Visit May 7—6:30pm Beaverton Branch	Pushthrough Time – an evening in Newfoundland with Dawn Doyle. Dawn will share her personal experiences with living in Pushthrough, NL during Joey Smallwood’s resettlement program during the years 1954 through 1975.

June

June 6 & 7

Antiques & Collectibles Show & Sale

9:30am-4:00pm @ Foster Hewitt Memorial Community Centre
26th Annual Fundraiser for the Beaverton Thorah Eldon Historical Society. 25+ vendors, silent auction and lunch available. \$5.00 weekend pass.
www.btehs.com

June 20

Annual Beef BBQ & Social

6:00pm @ Beaverton Curling Club
Full beef barbeque dinner and social, hosted by the Beaverton Curling Club. \$25.00 per ticket. 6:00pm.
www.beavertoncurlingclub.com

June 25

New Plants for 2020

7:30pm @ St. Paul's Anglican Church
With Matthew Dressing. Hosted by the Beaverton Horticultural Society.

June 29

Botanical Gold: The Saffron Crocus

7:30pm @ Cannington Legion
With Martin Albert. Hosted by Cannington Horticultural Society. No cost.

July

July 1

Beaverton Lions Canada Day Celebrations

8:00am @ Beaverton Fairgrounds
Lions Pancake Breakfast at Curling Club. Live outdoor concert, Amazing Fireworks, Children's games and activities, charity food vendors and more! All Canada Day events, games and activities are FREE for family's to enjoy.
www.beavertonlionsclub.ca

July 8

Youth Lawn Bowling

9:30am-10:30am @ Cannington Lawn Bowling Club
An inclusive learn to play lawn bowling program for youth. Junior program for grades 1-3 and Intermediate program for grades 4-8. Intermediate youth will have the opportunity to join a tournament if they choose. Tournament fees would apply.
Tammy Norton—705-934-3090
tamaralynneswain@yahoo.com

July 26

Beaverton House & Garden Tour

1:00-5:00pm / Tickets \$20.00 each
Visit interesting home and enchanted gardens in the Beaverton area. Advance tickets at Maxine's. Joint venture with Beaverton Horticultural and Beaverton Historical Society.
www.btehs.com



August

August 26

Annual Flower and Vegetable Show

Lakeview Manor Beaverton.

August

Cannington Women's Hockey League

Registration for the upcoming season. Fun, recreational women's hockey league for all skill levels. New players always welcome! Must be 19 or older to play.

Community Halls

The Township of Brock has four community halls available to rent for family functions, dinners, fitness classes etc. To rent one of these halls please contact bookings@townshipofbrock.ca

Sunderland Town Hall

The Sunderland Town Hall is home to many events and functions Including: The Sunderland Lions Music Festival & Sunderland Lions Youth Theatre Group. This venue is also used for Township Fitness Classes, Brock Sports Hall of Fame Award Banquet, Agricultural meetings etc.



Beaverton Town Hall

Home to the Beaverton Town Hall Players who host productions frequently. This space is also used for meetings, rehearsals, fitness classes etc.

Auditorium Rates*	
Private Rental – Per Hour	\$ 35.00
Private Rental – Daily (12 Hours – Rehearsal Included)	\$ 350.00
Refundable Damage Deposit	\$ 300.00

Meeting Room & Banquet Room/Kitchen Rates*	
Hourly Rental Rate	\$ 22.60
Daily Rate (8 Hours)	\$ 113.00
Refundable Damage Deposit	\$ 50.00

Manilla Hall

The Manilla Hall is home to a variety of events and festivities including: Old Time Fiddle Jam, Food for Thought Luncheons, Children's Parties, Pie Sales, Snowfest Tournament and Fitness classes. For more information on events at the Manilla Hall, check their Facebook page: www.facebook.com/manillahall



Wilfrid Hall

Host to many seasonal events including the Wilfrid village festival, fitness classes and special events.

Wilfrid & Manilla Hall Rates	
Hourly Rental Rate	\$16.95
Daily Rate (8 Hours)	\$ 67.80
Wilfrid Daily Kitchen Rate (8 Hours)	\$ 67.80
Refundable Damage Deposit	\$10.00

Auditorium Rates	
Private Rental—Per Hour	\$ 35.00
Private Rental—Daily (12 Hours—Rehearsal Included)	\$ 350.00
Refundable Damage Deposit	\$ 300.00

The Nourish and Develop Foundation
 Sherry Macdonald / 705-432-2444 / sherry@tndf.ca / www.tndf.ca

Program	Date	Time	Cost	Location
Spanish Lessons Wednesdays 10:00-11:30am @Nourish Hub				From October to May, learn or expand your verbal and written Spanish skills and practice in a warm and friendly environment! Classes are casual and drop in style – no registration required, join any time, voluntary donations appreciated.
Food Pantry Monday 10:00-11:30am Tuesday 5:00-7:00pm Thursday 2:00-4:00pm Wednesday 11:30am-2:30pm @ TNDF				The Food Pantry can help if you find yourself short of healthy, appropriate, accessible and affordable food for any reason. Food Pantry clients can access food as well as other resources, educational workshops, and alternative programming that we offer. Our <i>NEW</i> location is 38 Cameron Street E, Cannington. The Food Pantry is available by appointment only on Mondays, Tuesdays and Thursdays from. The Food Pantry is available for Walk-Ins on Wednesdays.
What's Cooking Workshop 2nd Tuesday of Month 6:00-9:00pm @ TNDF				November to April. At each What's Cooking Workshop, you will learn a new kitchen skill at the Nourish Community Kitchen. Prep menu changes monthly. All required materials included, just bring your taste for adventure! Advance registration required.
Nourish Dining Club 4th Tuesday of Month 6:00-9:00pm @ TNDF				The Community Kitchen is all about sharing fellowship and food, while learning new skills. This evening program answers the call for an interactive dining experience you can share with your friends and neighbours. Make a featured meal to enjoy together as a group. All skill levels welcome, advance registration required, \$20 class fee (sponsored spots available).
Nourish & Develop Lunch Wednesdays 11:30am-1:30pm @TNDF				Join your community every Wednesday at the Nourish Hub to "break bread" over a nourishing and delicious meal. The Community Kitchen volunteers serve up a nutritious meal of fresh, seasonal, local foods. Voluntary donations appreciated. Lunch is open to the public. Inquire about our collaboration with Community Care Durham to provide Hot Meals on Wheels to seniors in our community.
Good Food Box 3rd Tuesday of Month 11:00am-7:00pm @ TNDF				Reserve and pay for your food box a week in advance to receive up to 10 fresh produce items. \$18/Box. Sponsored boxes available for families in need. Tax receipts available to Good Food Box sponsors.
Nourish Baker's Club 4th Saturday of Month 9:00am-12:00pm @ TNDF				November to May. Join us to bake for yourself and to share with our local community. A cup of tea, and all materials included. \$5 voluntary donation or pay what you can. Advance registration required.
Drop in Tues & Fri 9:00am-1:00pm Wed 12:00pm-4:00pm @ TNDF				Our <i>NEW</i> Drop-In program is all about socializing, learning, and having fun! We offer hot meals and beverages, computer and internet access, referrals to essential services, and fun crafts and activities! Free of charge, open to all.
Night Market 2nd Tuesday of Month 6:00-8:00pm @ TNDF				The Night Market runs from May to October, on the 2 nd Tuesday of every month. Join us to celebrate local flavours, businesses and community. There is something for everyone, especially at our low-priced produce booth and food stands, and free activities for kids. Contact us about becoming a vendor.



Program:	Description:
<p>Community Based Exercise Strength & Balance Times and Days vary Locations Vary</p>	<p>Reduce your risk for falls. A series of strengthening and balance programs that aim to increase muscle strength and body tone which helps to prevent falls due to an increase in stability. This program is led by a Physiotherapy Assistant. Registration is required. Sunderland Legion: Mon & Thurs 9:30-10:30am Beaverton Legion: Mon & Thurs 1:15-2:15pm Cannington Baptist Church: Mon & Thurs 11:15am-12:15pm/ Tues & Fri 11:15am-12:15pm</p>
<p>Community Based Exercise Strength & Balance-High Intensity Tues & Fri 11:15am-12:15pm Cannington Baptist Church</p>	<p>This instructor-led class is a means of improving and maintaining functional performance through strength, balance and cardiovascular development. This class will aid in the prevention of future injury, including those that may be the results of falls. Exercise progress at the pace of the participants at the discretion of the instructor.</p>
<p>Drumming for Health Tuesdays 12:00am-12:00pm St. Paul's Anglican Church</p>	<p>Come together as a community to experience intergenerational recreation music making. Participants will learn basic African hand drumming techniques and enjoy fun rhythm-based activities while creating songs together. No previous drumming or musical experience is necessary. Children under 12 years of age must be accompanied by an adult.</p>
<p>Guided Meditation Fridays 10:00-11:00am Rotating Locations</p>	<p>Learn to relax your mind and body to reduce stress, improve your breathing, help the healing process, and find calm and balance in your life. Complement your path to health and wellness. No experience is necessary. All are welcome.</p>
<p>Indoor Walking Program Mon, Wed, Fri 9:00am</p>	<p>Walk at your own pace, around the perimeter and/or down the aisles of the grocery store in a controlled environment all-year, round. Registration is required.</p>
<p>Kids in the Kitchen 3:30-5:00pm</p>	<p>This free, hands-on program will teach youth ages 8-18 the important life skill of cooking and the benefits of healthy eating. Participants will learn how to make healthy snacks and meals that can be made easily at home. Examples include smoothies, pizza, shepherd's pie, muffins etc. Registration is required and limited spots for the program fill quickly. Please contact Travis Dukelow. 1st Tues/Weds—Beacan Church / 2nd Tues/Weds—Sunderland Arena 3rd or 4th Tues/Weds—Nourish Hub</p>
<p>Line Dancing Mondays 10:00am-12:00pm Cannington Legion</p>	<p>This instructor-led line dancing class welcomes new and practicing line dancers to learn some fun line dances or just come for the great exercise and laughter. Music is not limited to Country, dance to Top 40 40, Hip Hop, Ballroom, Blues, funky, Latin, Irish, to Swing and much more. You don't need a partner but you can bring a friend(s) and have a lot of fun.</p>
<p>Rejuvenating Yoga Wednesdays 10:00-11:00am Rotating Locations</p>	<p>This instructor-led class covers all the basics of yoga—gentle movements, deep breathing stretching and flexibility postures. Beginners to yoga are especially welcome. Ten-week session in Beaverton, Cannington and Sunderland. Space is limited. Registration is required.</p>
<p>Tai-Chi – Community Practice Tues & Fri 1:30-2:30pm St. Paul's Anglican Church</p>	<p>Looking to continue your Tai Chi practice? Join these community-led Tai Chi practice sessions to maintain awareness of the body with gentle movements that harmonize breathing with careful coordination of arm and leg movements. Registration is required.</p>

Program:	Description:
Support Group 3rd Wednesday of Month 9:30-11:30am Sunderland Town Hall	An open support group for care partners of individuals living with Alzheimer's disease or a related dementia. Kindly contact the Alzheimer's Society at 1-888-301-1106 if you are attending for the first time.
Family Support 3rd Wednesday of Month 1:00-4:30pm Brock Community Health Centre	Meet Family Support staff. Home Visits can also be arranged. For more information and/or to schedule an appointment call 1-888-301-1106 if you are attending for the first time.

Canadian Mental Health Association Durham

Program:	Description:
Services www.cmhadurham.ca	CMHA Durham provides services for those seeking assistance with mental health and/or physical health concerns. CMHA Durham strives to meet the immediate needs for those looking for help; whether it be system navigation, case management, caregiver and family centered care and/or linkage to other programs and services within Durham Region. CMHA services are voluntary, client directed, and individualized. Individuals seeking more information or support, can call 905-436-8760 or 1-884-436-8760. Referrals to CMHA Durham can be found online at www.cmhadurham.ca and click on Referrals and select Community Referral Form.

Central East LHIN Self-Management Program

Program:	Description:
Powerful Tools for Caregivers	A free six-week workshop to help caregivers develop the self-care skills to: reduce personal stress; change negative self-talk; communicate their needs to family members and healthcare of service providers; communicate effectively in challenging situations; recognize the messages in their emotions; deal with difficult feelings; and make tough caregiving decisions. Registration is open. Minimum of 8 participants required. Pre-registration is required. Call 1-866-971-5545 or visit www.ceselfmanagement.ca for more information.
Living a Healthy Life with Chronic Pain	A free six-week workshop to learn how to manage pain so that you can be more involved with everyday activities. You will learn different techniques (e.g., problem solving, planning, communication working with your health care professional) to help you manage your pain and the symptoms of your pain (e.g., difficult emotions, depression) so that you do not have to let pain control your life. Registration is open. Minimum of 8 participants required. Pre-registration is required. Call 1-866-971-5545 or visit www.ceselfmanagement.ca for more information.

Durham Region's Intimate Relationship Violence Empowerment Network (DRIVEN)

Support Service	Local support is available for women experiencing abuse and all forms of gender-based violence, including sexual violence. Transportation support is available. Please call 1-877-SAFE-905 (1-877-423-3905)
------------------------	---

East Lake Simcoe Quilt Guild

Monthly Meetings 1:30-3:30pm St. Andrew's United Church	Make new quilting friends, learn something new and use your skills as a way to reach out into your community. No Meetings in July, August or December. Contact: Pamela 705-367-2664 for more information.
--	---

March of Dimes Canada

After Stroke Group	Join other stroke survivors and caregivers to connect with a network of support for you and your family. Contact: Erica 1-800-263-3463 ext. 7758 / emugan@marchofdimes.ca
---------------------------	---

Multiple Sclerosis (MS) Society of Canada-Durham Northumberland Chapter

Program:	Description:
Support Group Wednesdays 10:30am	Connect with others living with MS to share experiences and ideas. Cannington Coffee Group—Come join us and meet others living with MS. Contact: Debbie 905-626-8654 / 1-800-268-7582 ext. 3343 / Debbie.hunter@mssociety.ca

Pinewood Centre of Lakeridge Health

Substance Use & Problem Gambling Services	Youth, adults and families can access a range of services to support their alcohol, drug use and gambling concerns. Local appointments available in Beaverton. Contact: 905-721-4747 or toll free at 1-888-881-8878 to schedule an appointment. Pinewood's 24/7 telephone crisis support line: 905-721-4747 ext. 31208.
--	---

Beaver River Museum Tours

The Meeting Place 284 Simcoe St., Beaverton www.btehs.com	Beaver River Museum consists of an 1850's log house, turn of the century brick house, and a mid 19th century stone jail, furnished with local artifacts. Tours available. 1:30-4:00pm on Weekends—Late May, June & September 1:30-4:00pm on Thursdays-Mondays—July & August
--	---

Early ON Child and Family Centre

Beaverton Public Library 10:00am-12:30pm Tuesdays, Thursdays & Saturdays	The Beaverton Early ON Child and Family Centre offers free drop in programs for children up to six years of age and their parents/caregivers. At the centre, children and parents/caregivers can play, learn, laugh, be curious, make friends and engage with others. Please see the website for monthly calendars. www.durhamfamilyresources.org
Cannington Arena 9:00am-12:00pm Mondays & Fridays	The Cannington Early ON Child and Family Centre offers free drop in programs for children up to six years of age and their parents/caregivers. At the centre, children and parents/caregivers can play, learn, laugh, be curious, make friends and engage with others. Please see the website for monthly calendars. www.durhamfamilyresources.org
Sunderland Public School 8:30am-2:00pm Wednesdays & Fridays	The Sunderland Early ON Child and Family Centre offers free drop in programs for children up to six years of age and their parents/caregivers. At the centre, children and parents/caregivers can play, learn, laugh, be curious, make friends and engage with others. Please see the website for monthly calendars. www.durhamfamilyresources.org
Baby Café 9:00am-12:00pm Fridays	Drop in for a tea or coffee and a chat. Get connected to other parents and parents to be. All pregnant women, parents & caregivers with infants up to 16 months are welcome. You can bring your partner too, breastfeeding support is available. Please see website for monthly calendars. www.durhamfamilyresources.org

Manilla Hall Events

Food for Thought Luncheon 10:00am-1:00pm Manilla Hall	Three interesting speakers followed by a homemade lunch. \$7.00 Admission. Dates as follows: March 19, April 16, May 21, June 18.
Fiddle Jam 1:00-5:00pm Manilla Hall	Join us for a good time, good music and good friends. Refreshments available, everyone welcome. Dates as follows: March 22, April 26, May 24, June 28.

Exercise Classes
 Health and Wellbeing
 Community Engagement
Diabetes Education
 Powerful Tools for Caregivers
 DRIVEN
 Nutrition Talks
 Rejuvenating Yoga
 Community Tai Chi
 Kids in the Kitchen
 Community Skates
 Geriatric Assessment
 Outreach
 Mental Health/Addictions
 Self Management Workshops
 Elder Abuse
 Telemedicine
 Nutrition Tours
 Line Dancing
 Social Work
 Community Drumming
 Physiotherapy
Community Development-Health Promotion
 Durham Connect
 Guided Meditation
 Walking Programs
 Community Gardening
 Brock High School Wellness Centre
Primary Health Care


 Brock Community Health Centre 705.432.3322 brockchc.ca

Township of Brock



Summer Day Camp

Stay Tuned:
 New and Exciting Plans
 coming for 2020!

For more details visit:
www.townshipofbrock.ca

Township of Brock Fitness Programs

\$5.00 / Class

- Zumba
- Pound
- Warrior Fitness
- Kickboxing
- Yoga
- Restorative Yoga
- Actively Aging
- Pilates
- Gentle Fitness
- & More!

The Township of Brock has a variety of fitness programs for all ages and fitness levels. Classes run on a drop in basis and do not require pre-registration. Only \$5.00 Admission per person, per class. For class details, please visit www.townshipofbrock.ca

SUMMER DAY CAMP

