

PASS SERVICES

Located at 300 Centre Street South, Oshawa

Monday-Friday 9-5

WELCOME TO PINEWOOD ADDICTION SUPPORT SERVICES

PASS counsellors provide information, referrals and short-term support to those concerned with or affected by substance use and/or gambling issues. We recognize the importance in keeping with a Harm Reduction Model and support individual goals of reducing use of substances or abstinence.

PASS WALK IN –Monday, Wednesday and Friday 2-4 pm

- You can drop in without an appointment and speak to an Addictions Counsellor for information and support

INTERIM SUPPORT GROUP (Tuesday or Thursday 2-3 pm) or PHONE SERVICES

- PASS provides Interim Support for those who are waiting to connect to Community Treatment.
- Clients must be referred to this support and must be Registered with PASS

TELEPHONE SUPPORT 905-721-4747 or Toll Free 1-888-881-8878

- PASS phone support available 24 hours per day, 7 days a week at: **extension: 31208**
- Please leave a message with your Name, Contact Information and we will return your call ASAP
- **If you are in Crisis please call:**
 - ~ DMHS at (905) 666-0483 or Toll Free 1-800-742-1890
 - ~ Ontario Shores 1-800-263-2679
 - ~ Distress Centre Durham (905) 430-2522 or 1-800-452-0688

HARM REDUCTION SERVICES

- Safe inhalation kits and a needle exchange program are available through the PASS office.
- You may call ahead and indicate when you arrive for pick up **(905)721-4747 ext:31208**

WHO ARE THE GROUPS FOR?

- Those concerned with their own substance use
- Those who are stabilized and able to benefit from and participate in group
- Those who are waiting to connect to Community Treatment

WHAT ARE THE GROUP GUIDELINES?

- Not being under the influence
- Respecting others commitment of confidentiality
- Registered to PASS services

INTERIM SUPPORT PROGRAM Overview of Services

Group services or telephone support for adults wanting to make changes in their substance use while waiting for an assessment in Community Treatment. This program requires an intake and registration.

Telephone support consists of scheduled calls on a weekly basis and conclude once you have completed your initial Case Management appointment.

The group program consists of a Life Skills Group covering a variety of topics with a focus on a Biopsychosocial Model of Treatment. This runs in 4 week cycles.

CONFIRMATION OF ATTENDANCE

If your attendance at Pinewood Centre is important, we recommend that you seek an assessment through one of our community treatment offices. Involvement in the PASS Interim Support group is documented and record of attendance can be provided on request with notice.

