



PLEASE JOIN US FOR THE:

VASE NOVEMBER SERIES

**INTRODUCTION TO THE FUNDAMENTALS OF WRAP
(WELLNESS RECOVERY ACTION PLAN)**

(THIS IS NOT A CERTIFICATE COURSE)

THURSDAY EVENINGS 6PM TILL 7:30PM

EACH THURSDAY EVENING FOR 4 WEEKS

STARTING NOVEMBER 3rd.

TO REGISTER CONTACT: lmoulds@lh.ca